

Village News

MAIRANGI BAY

June 2025

Issue 174

Rangitoto College students help others navigate technology

See page 3 for full story.



RECENTLY SOLD BY NICKI

SOLD



3A JEANETTE PLACE MAIRANGI BAY

THE STATS ARE:

- 3 weeks of Open Homes
- 34 groups visited
- Visibility on websites: 33,786
- Google, Facebook, Instagram: 5,226
- 4 offers received
- **SOLD ABOVE CV**

SOLD



1/19 TOROA STREET TORBAY

THE STATS ARE:

- 3 weeks of Open Homes
- 67 groups visited
- Visibility on websites: 48,850
- Google, Facebook, Instagram: 15,498
- Video: 5,967
- 9 offers received
- **SOLD ABOVE CV**



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Knightsbridge Village and Rangitoto College

Rangitoto College students have recently been making a meaningful impact in the community through two enriching initiatives. Students delivered a mobile phone workshop to help local Knightsbridge residents navigate modern technology and avoid scammers. Students worked one-on-one with attendees to resolve individual IT concerns. Meanwhile, history students launched the first round of interviews for the Knightsbridge Oral History Project. As part of their Year 11 History studies, they conducted interviews covering significant events such as the Vietnam War, the 1981 Springbok Tour, the Second World War, and the 1947 polio epidemic. Some students also recorded family histories, which will be transcribed and gifted to residents and their families to preserve for future generations. The project not only deepens students'



understanding of national and global history but also strengthens ties between the school and the community. Both projects highlight the commitment of Rangitoto College students to learning through service, leaving a lasting impression on those they worked with and making their community proud.

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Authorised by Hon Simon Watts,
Parliament Buildings, Wgtn.

The Mairangi Bay magazine

...is the official magazine of the Mairangi Bay Business Association and is printed each month (February to December).

The magazine is delivered, by our own dedicated delivery team, to homes and business and is also available in racks around the Village, for those living outside of the delivery area. The digital version is shared direct to the business associations email database as well as the Mairangi Bay village Facebook page and through a number of local Facebook community groups.

We want to hear all about what is important to you. It could be a sporting achievement, a 100th birthday a 75th anniversary. Let us know.

Our magazines are delivered by our own dedicated delivery team as a single drop delivery. This means we are connecting well with the community. If you want to advertise your business in the magazine contact Carole McMinn editor@mairangibayvillage.co.nz

Mairangi Bay Business Association

Chair - Mark Peddie

chair@mairangibayvillage.co.nz

Co-Ordinator - Sally Cargill

coordinator@mairangibayvillage.co.nz

Editor

Carole McMinn

editor@mairangibayvillage.co.nz.

Rediscover Mairangi Bay in the afternoons

Kia ora koutou,

It's remarkable how quickly the year is moving, June is already upon us and with it, the winter solstice approaches. The cooler months are a special time in our village: a season for warm welcomes, comforting food, and the slower pace that winter encourages.

Many of our cosy local eateries are embracing the season with winter specials; hearty soups, wholesome dishes, and warming treats to delight every palate. I encourage you to explore these offerings and support the hospitality heroes who help make our village such a vibrant destination. For the latest updates and specials, follow us on Facebook (@WeLoveMairangiBay) and Instagram (@mairangi_bay_village).

We are incredibly fortunate that Mairangi Bay continues to thrive, with most retail spaces occupied, a rarity among Auckland's suburban centres. This is a testament to the enduring appeal of our village, the strength of our local economy, and the continued

loyalty of our community. If there's a business you'd love to see join our village, reach out and encourage them - the few remaining spaces should reflect the community's wishes and character.

I also invite you to rediscover Mairangi Bay in the afternoons. As the bustle of the day settles, parking is more accessible and your local shopkeepers will have time for a friendly chat. It's a wonderful way to reconnect with your community and enjoy a more relaxed retail experience.

Thank you for supporting our local businesses and for making our village the unique and welcoming place it is.

See you in the village — it's always worth the visit.

Ngā mihi nui,

Mark Peddie
Chair, Mairangi
Bay Business
Association



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High Chai Fundraiser for Breast Cancer Cure

Along with Harcourts Cooper & Co, Mairangi Bay Harcourts real estate salesperson and cookbook author Ashia Ismail-Singer hosted a heartfelt event that blended the comforting tradition of a tea gathering and fund raising, to support an amazing cause. By bringing together a community of supporters, this fundraiser was put together to raise awareness and funds for Breast Cancer research to find a cure. Mel Chan- Green was invited to be MC and she did a splendid job.

Attendees enjoyed an assortment of exquisite & delicious treats prepared by Ashia while engaging in meaningful conversations about the impact of breast cancer. Gorgeous little rose flavoured cupcakes, home-made rose shaped burfi (Indian style fudge) Pani puri which are little taste bombs that are crunchy and bursting with flavour. Baby samosas & club sandwiches were also served. The ladies from the Mairangi Bay Bowling Club were wonderful, helping Ashia in the kitchen plating up the vintage cake stands. There were raffles, a fashion show, with volunteers wearing the new range of Tees for a cure. There were a range of fantastic silent auction items all kindly donated by generous local businesses and a live auction called by Martin Cooper himself. The items included amazing experiences such as an Artisan Cheese Tasting, a Private Cocktail Service Package, a Dine and Unwind Staycation, a Pilates & Wellness bundle and a Tapas Style Lunch for 4. The High Chai Fundraiser not only supports a vital cause but also fosters a sense of community and hope, it encourages everyone to join the fight against breast cancer with a cup of chai in hand.



A lot of hard work went into making this a community event that people will talk about for days to come. Months of planning, gathering generous gifts, vouchers and experiences from the local community in Mairangi Bay and

further afield. With tremendous support from family & friends and the Community Team at Harcourts Cooper & Co, \$13,000 was raised which all went to Breast Cancer Cure Charity.



Supporting local community

Ray White Mairangi Bay and Milford are proud to have been a big part of the community for many years. We are a business operating out of Mairangi Bay (and Milford) for over 40 years. Shane attended local schools and he and Kris Cunningham (our Owner/Directors) are both proud to have worn the Green and Black jersey of East Coast Bays Rugby!

Supporting local community is at the heart of what we do. We're proud long-time supporters of some local schools, sports clubs, and charitable organisations including: East Coast Bays Rugby Club, East Coast Bays Cricket Club, Rangitoto College First XV Rugby Team, Mairangi Bay Primary, Campbells Bay Primary, Mairangi Bay Surf Club, Mairangi Bay Bowling Club and Big Buddy.

Shane, Kris, and several team members are involved in supporting the community, dedicating hours to raise thousands of dollars for local organisations—especially those focused on tamariki. From fundraising and prize-giving events, setting up and packing down, serving coffees and ice creams, running auctions, and MCing, we lend a hand where needed.

Shane MC'd numerous community events and is a Marriage Celebrant, while Kris proudly presents the Kiwi Spirit Award at local primary schools, also known as the "Good Little Human" award—a special recognition celebrating students embodying strong values and a generous spirit.



Kris, Nathan, Shane



We're also long-standing supporters of Big Buddy. It's not just about financial support—it's about showing up, pitching in, and being actively involved in the causes we care about.

We have a deep commitment to nurturing our community's young people, helping young individuals unlock their potential and gain the skills and experiences they need to thrive -means we're shaping a better tomorrow.



We're proud to support some of the primary schools. One standout moment was helping raise funds that enabled a young East Coast Bays rugby team to travel to Canada—a once-in-a-lifetime experience never forgotten.

Award ceremonies are incredibly moving. We are so proud to be a part of these, and walk away the most inspired, every single time.

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How Yoga Helps Reset Your Nervous System—and Why It Matters

In today's fast-paced world, our nervous systems are often in a constant state of overdrive. This chronic activation of the sympathetic nervous system—the fight-or-flight response—can lead to anxiety, poor sleep, fatigue, and even long-term health problems. That's why it's so important to regularly reset and care for the nervous system—and yoga offers a powerful, holistic way to do just that.

Yoga helps regulate the nervous system by activating the parasympathetic branch, often called the “rest and digest” mode. Through mindful movement, controlled breathing, and meditative focus, yoga creates conditions that promote calm, balance, and recovery.

Breathwork (pranayama) is one of yoga's most effective tools for nervous system support. Slow, conscious breathing soothes the vagus nerve, reduces stress hormones like cortisol, and tells your brain and body that you're safe. Movement also plays a vital role: gentle, flowing postures such as those found in yin or restorative yoga help release physical tension and shift the body into a relaxed state.

Equally important is the mental reset that yoga offers. Mindfulness and meditation quiet the mind, reduce activity in the fear centre of the brain (the amygdala), and create new neural pathways that reinforce a sense of safety and



presence. Over time, yoga enhances your awareness of physical and emotional signals, helping you respond to stress with more clarity and ease.

Caring for your nervous system is foundational to well-being. It supports emotional resilience, improves cognitive function, strengthens immunity, and reduces inflammation. Most importantly, it helps you live with greater connection—to your body, your breath, and the present moment.

Incorporating yoga into your routine, even just a few minutes a day, is a powerful step toward nervous system balance. It's not just about flexibility or fitness—it's about creating a sustainable path to inner calm, improved health, and a more resilient you.

Ready to feel calmer and more grounded? Join us at Yoga Sanctuary for classes that support your nervous system from the inside out.

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I wish I had joined at 22 not 44 says Sara Joyce

That is the catchcry of many people who join Toastmasters later in life and realise what they've been missing out on and how easily they could've enhanced their lives much earlier. All those years missed, not feeling confident enough to speak in front of others.

Welcome to North Shore Toastmasters! Our Club is very established and friendly and has just turned 50 years old. That could bring you to the conclusion that we must've been doing something right over the years and continue to do so!

The emphasis of our meetings is to not only encourage members to become competent speakers, but active listeners too. With those skills the added bonus is undoubtedly, improved self-confidence.



The meetings have a formal thread to them, which allows consideration for everyone. We have a tried and trusted method of practice and encouragement. Guests are welcome to come along and just listen to our speakers and hear what they have to say. I guarantee you will be entertained!

This is the safest place to learn the skills of public speaking. There are a myriad of different reasons why people wish to start their Toastmasters journey. We understand nerves and anxiety, we've all 'been there'. To that end new members are encouraged to have a mentor who can help support and give advice when needed.

Are you curious? We welcome guests. Come and join us for a meeting and find out for yourself just how easy it is to start speaking in front of others with confidence and ease.



Our meetings run fortnightly 7-9pm
At Takapuna Croquet Club
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Frosted passionfruit cake

Everyone loves the unique taste of passionfruit. If you are lucky enough to have them in your garden you only need three for this recipe, or you can buy jars of it in the cake making aisle at the supermarket.

Ingredients

200gms softened butter

¼ cup sugar

1 teaspoon vanilla

3 eggs

1 ¾ cups SR flour

½ cup full milk

¼ cup passionfruit pulp

Frosting

2 cups icing sugar

50gms softened butter 2 tablespoons milk.

Method

Grease 20cms round cake tin.

Beat butter, sugar and vanilla together until light and fluffy

Beat in eggs one at a time.

Stir in sifted flour, milk and passionfruit.

Stir until smooth and put in tin.



Bake at 160°C for about 50 minutes.

Remove and leave in pan until cool.

Make the frosting by combining in a small bowl and beating until smooth.

Spread frosting over cake and decorate with a tablespoon of Passionfruit pulp.

Winter program begins

While the lawn bowls season has officially ended with summer over, the Mairangi Bay Bowling Club continues with its winter program.

The club has an artificial green along with two grass greens and while the grass greens are closed over winter for repairs and rejuvenation the artificial green can be played on all year round.

The club runs a variety of events including Tuesday afternoon club days, a jackpot pairs event sponsored by Skintel, all day triples every Thursday and on Saturday afternoon runs a winter league through to September.



Bowls North Harbour also use the club's artificial green for several events over the winter.

The club offers discounted winter memberships and free coaching. Winter is a great time to take up Bowls as we can get you coached and ready to go for the new season in September.

For further information visit the club's website <https://www.mairangibowls.org.nz> or email the club at secretary@mairangibowls.org.nz

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North Harbour Community Patrol

North Harbour Community Patrol (NHCP) have been operating under a Memorandum of Understanding with the New Zealand Police (Waitemata East) for the past 15 years. A charitable organisation staffed by 50 plus trained volunteers providing mobile crime prevention and community reassurance patrols across the 44 suburbs of the North Shore of Auckland.

Under the overall direction of an assigned Police Liaison Officer, we patrol around the North Shore and are tasked by the police each week. We conduct patrols and assist where necessary, in two marked patrol vehicles wearing marked hi-vis clothing. We look for any suspicious activity, anti-social behaviour, vandalism or civil disobedience – reporting our observations real-time to the NZ Police.

We are the “Eyes & Ears” of the North Shore and patrol both during the day and night, throughout the year. Working closely with Auckland Council, Local Boards, North Shore Safety Network we strive to provide intelligence to the police and create a safer environment for our North Shore community.

Some interesting statistics from January to December 2024- NHCP completed 248 patrols (Day and Night shifts), 2096 patrol hours and 16361 patrol kilometres throughout the year.



Safety Expo- Greenhithe

Our strategic focus for 2025:

- Growth of the patrol with new volunteer members.
- Training of patrollers through the assistance of our Police Liaison Officer.
- Involvement in Community Resilience planning for Civil Defence.

Ability to future proof the patrol and create a sustainable Charitable Trust – concentrating on fundraising, donations and an improved social media presence.

For more information, to donate or volunteer as a patroller, please contact us on: nhcommunitypatrol@gmail.com



Night Patrol

World Day of Prayer

This year the annual World Day of Prayer Service was held at the Mairangi Bay Presbyterian Church.

The service was organized and led by the women of the Cook Islands and the theme was ‘I am wonderfully made’. The photo shows some of the attendees before moving to enjoy a Cook Island supper.

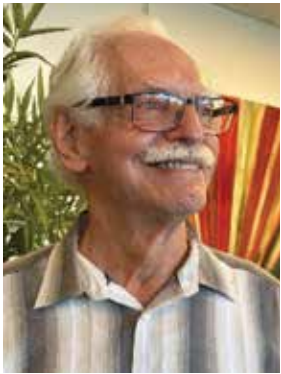


Mairangi Combined Probus

Are you looking for a friendly and engaging club to join with a range of activities for retired and semi retired people? This may be what you are looking for.

The Mairangi Combined Probus is a thriving dynamic Club with an average attendance of 50-60, meeting on the 4th Tuesday of each month at the Mairangi Bay Presbyterian Church Hall from 10-12pm under the baton of President Jenny Firth and an enthusiastic committee.

The Club's heart lies in organising a variety of events, activities and meetings designed to bring members together to provide interesting and stimulating experiences and to form friendships in a comfortable environment. Speakers are well sourced, entertaining, and thought provoking. Beyond meetings members can look forward to organised outings of interest, both locally and further afield, lunches at the Bays Club, or a Coffee Group at a local Café.



Ian Robinson



Within our club there are many who contribute to the rich tapestry of our membership.

One member in particular is Ian Robinson, who last year celebrated his 90th birthday with an 18000ft parachute jump raising almost \$6000 for the Heart Foundation, an organisation with which he has had considerable personal involvement.

Another member is Harry Hepple who has just turned 99, still drives, lives independently and is splendidly articulate about his recollections as a young man in the Queen's Royal Regiment.

These two nonagenarians are an inspiration to other members still in their 70s or 80s.

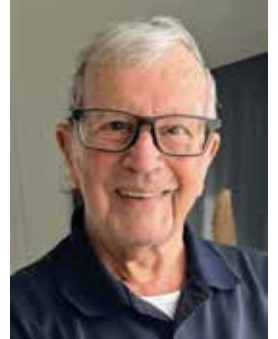
The Club maintains a website packed with information on past and present events including a gallery showcasing photos of the fun and camaraderie shared by members.

For further information contact:

Jenny Firth – President: m: 0210 2688582
e: musojenny@gmail.com

Raewyn Nettleton – Secretary m: 0272 809138
e: huray412@gmail.com

Website: [www.https://ianrob34.wixsite.com/mairangi-comb-probus](https://ianrob34.wixsite.com/mairangi-comb-probus)



Harry Hepple



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Developing Globally Minded Citizens

Over the April break, Nathan Janes and Claire Worthington-Blair had the incredible opportunity to visit China. This journey was part of Mairangi Bay School's commitment to deepening their understanding of tradition, story, and heritage — key elements that help shape the diverse community they nurture at Mairangi Bay School. A highlight of the visit was connecting with their sister school, Hangzhou Linping No. 2 Primary School. Together, they are building a bridge of friendship, collaboration, and mutual learning. By sharing we are strengthening our programmes and enriching their school identity. Through exploring historical sites, meeting educators, and hearing stories passed through generations, we were reminded how important it

is to honour the past while innovating for the future.

We came to understand our China whānau value:

- Tradition and culture - They are full of pride and celebrate identity.
 - Learning from the past to inform the future. Innovation embracing technology to be forward thinking
 - Appreciation of language and culture to help us walk in our student's shoes
- There is a sense that Chinese culture is deeply connected to our own Māori ngakau values.

At Mairangi Bay School we are committed to understanding our diverse community to develop well-rounded students and global citizens.

We continue our global connections with Hangzhou Linpin No 2. Primary



by e-visits We chat communication and updates in newsletters.

Locally we continue growing our partnership with Confucius Institute University of Auckland to develop opportunities to understand Chinese culture and language.

For future opportunities to use AI to enhance our programme planning, teaching, assessing and reporting. We look to Welcome 20 Linping students to MBS - building a bridge between two cultures and to invite 20 MBS students to develop reciprocal and respectful learning opportunities too. Meeting our sister school in China last week was one step closer to understanding our Chinese community. Culture sits on a bed of language and our commitment to building local and global partnerships at Mairangi Bay School will help our students to "learn together to create a better tomorrow". We are making positive strides to build a sister school in both Korea and Japan. This will ensure we are meeting the needs of our community and provide a deeper understanding of all our students' identity and story.



Mairangi Bay's Mobile Library

Along with 56 community libraries, Auckland libraries also offer mobile library and access services.

Through these services, they reach communities who are far from our public libraries and provide options for people who are unable to visit. They also promote and support literacy and access to information, and help customers use digital devices and services.

On board you'll find a wide range of books, magazines, audiobooks and other library items onboard, as well as free WiFi.

Mobile library staff can help check whether you are eligible for Skinny Jump – a low cost internet service.

If you're not online at home because cost is a barrier, staff can check if you're eligible and support you to get set up with internet.



Mairangi Bay is visited every Thursday morning from 9.30 am to 10.30 am and parks up in Hastings Rd by the Star store.

Helping Local Businesses Thrive Online: Social Media Workshop Recap

Last month, a group of 12 enthusiastic Mairangi Bay business owners gathered for a hands-on social media workshop designed to help local businesses grow their presence online. Run by Keerti Siag, local photographer and the social media coordinator for the Mairangi Bay Business Association, the session focused on giving practical, easy-to-apply tools that even the most tech-wary business owner could walk away and use the next day.

The core idea? That social media isn't just for influencers or global brands—it's one of the most powerful tools small to medium businesses can use to stay visible and relevant in a fast-changing marketplace. In a world where customers are constantly scrolling, your next client could be just one post away.

The workshop covered a range of essential topics, including how to create engaging content, use collaboration features to support other local businesses, and make the most of Instagram Stories, tagging, and trends. A standout feature was the introduction to AI-powered tools—yes, even robots are helping with marketing these days! From helping write



captions to suggesting post ideas, AI can save time and boost creativity.

We also explored some of the biggest social media trends of 2025: the rise of authenticity-driven content, behind-the-scenes storytelling, and the growing importance of short-form video. One message was clear—people want to connect with people, not just logos.

The energy in the room was fantastic, with plenty of discussion, laughter, and lightbulb moments. Best of all, it was tailored specifically to the businesses that make Mairangi Bay Village so unique.

These free workshops are proudly organised by the Mairangi Bay Business Association to support local business owners. If you're keen to see more sessions like this, simply get in touch with the association's coordinator, Sally Cargill. We'd love to keep the learning going and help more local businesses grow their presence online.



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CCTV cameras have become an important part of security in New Zealand. More owners are installing surveillance systems to:

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- Check in on their property while away
- Record and review incidents around the house
- Keep an eye on children, pets, and visitors
- Monitor entry points and activity on driveways or shared paths

CCTV provides peace of mind and clear visibility especially in areas where neighbourhood theft or suspicious activity has been reported.

While we don't publish statistics



directly, NZ Police and local security data consistently show that visible cameras are among the strongest deterrents against home invasion and property crime.

Alarms:

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Not all homes are built the same, and not all alarms are either. That's why we offer a range of hardwired and wireless alarm systems from leading brands. These systems are designed

for simplicity, reliability, and long-term performance.

While that is all factual stuff we will need to add an element of the emotional side around burglaries being common place now and it being time to protect your home or business.

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Move Well, Live Well: The Lasting Benefits of Staying Active

Being active isn't just about chasing fitness goals or looking a certain way. It's about keeping your body and mind working well so you can keep doing the things you enjoy. Regular movement supports strength, mobility, confidence and overall wellbeing — all essential for daily life.

Keep Your Body Working for You

From around age 30, we naturally begin to lose up to 5% of muscle mass per decade. This can affect balance, joint comfort and how easily we move through everyday tasks. The good news? Movement, especially resistance or weight-bearing activities, can help slow this decline and keep you feeling strong and steady. It doesn't have to be intense or take much time. Small, regular efforts add up, and it's never too late to start.

Support Your Mental Wellbeing

Movement is one of the simplest and most effective ways to support mental wellbeing. Just 30 minutes of activity a few times a week can boost mood, reduce stress and improve sleep. It also supports brain function and builds a helpful routine. Regular movement can provide a sense of structure, accomplishment and purpose — all of which support mental clarity. Whether it is a walk, a swim or a gentle stretch, being active helps you feel calmer, more focused and ready to take on the day.

Find Connection Through Activity

Being active also offers meaningful social connection. Whether it is a fitness class, a walk with a friend or simply seeing familiar faces, regular activity creates shared experiences. It is a chance to meet others, build friendships and feel part of something — all while supporting your health and wellbeing.



A Welcoming Space for All

AUT Millennium in Rosedale is a centre for health and activity, offering a supportive, inclusive environment for all fitness levels. With a modern gym, indoor heated pools, outdoor track, saunas and a wide range of group classes, there's something for everyone. Whether you're getting started, returning to exercise or looking for fresh motivation, the team is here to help you feel confident and supported.

"AUT Millennium Gym is not just a place to exercise, it's where I have built confidence, consistency and even friendships. If you're looking for a gym that feels like family while helping you reach your goals, look no further."
- Phoebe



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T&C's apply.



Looking Chic with Sarah's boutique at The Golf Course

Sarah's boutique held a Fashion Parade at the North Harbour Golf Club Women's Open Pairs Day on the 1st May.

Considering the weather that day a Fun Day was had by all the lovely ladies from many clubs all over Auckland. After the golf was over 100 ladies were treated to a light lunch and a Fashion Parade of all our New Seasons Fashion.

Models included our own models and ladies from the Golf Club who received welcoming cheers from the audience.

This event gave us the opportunity to show off our many fashion-style looks and even blow the models away how we style garments in ways they just don't see.

We showed the importance of giving attention to individual style and the wide range of looks available.

Thanks to the great job by the models and the dressing fashion team at Sarah's Boutique.



Petrol Station reopens

After just being closed for a few weeks the petrol station is open again in Mairangi Bay.

Under the brand of U Go, it has reopened with self service pumps. The shop, that was part of the petrol station, is now no longer open. However, any of the items that were purchased there can be purchased from the Dairy, just opposite the petrol station.

One interesting thing to note was when it reopened the price of petrol there was the cheapest in the area. Worth keeping an eye on those prices.



Warm
Vibrant

Winter Looks

with the
Boulevard Coat
by ESMAEE



Sarah's
boutique

Shops 4 & 5,
376 Beach Road,
Mairangi Bay,
09 476 9192

Gardener's Corner

June marks the beginning of winter in New Zealand, and it's a time to prepare for the upcoming spring season. There are some recommended tasks in June to ensure everything performs at its best.

General Garden Maintenance

Continue to keep on top of weeds to prevent them from competing with your plants for water. Apply a thick layer of mulch around plants to conserve moisture and suppress weeds. Clear away fallen leaves and plant debris to prevent pests and diseases. Add healthy organic matter to your compost pile. Clean, sharpen, and oil your garden tools to prepare them for the winter months and upcoming spring tasks.

Container Gardening

Container gardening has become very popular with apartment dwellers and small gardens. Check container plants regularly and water as needed, ensuring the soil is not waterlogged. Reduce watering frequency in winter. Use a slow-release fertilizer or liquid

feed for container plants to support their growth during the colder months.

Move containers to sheltered spots to protect plants from cold winds. Use frost cloth or covers if necessary.

Re-pot container plants that have outgrown their pots or need fresh soil.

Herb Garden

Fresh herbs are a must for any serious cook. In June harvest herbs such as basil, parsley, and mint before the


first frost. Dry or freeze herbs for winter use.

Move tender herbs like basil and rosemary indoors to protect them from frost.

Plant cold-hardy herbs such as thyme, sage, and oregano in the garden or containers.


These tasks will help prepare your garden for spring and ensure a beautiful and productive garden year-round. Happy gardening!



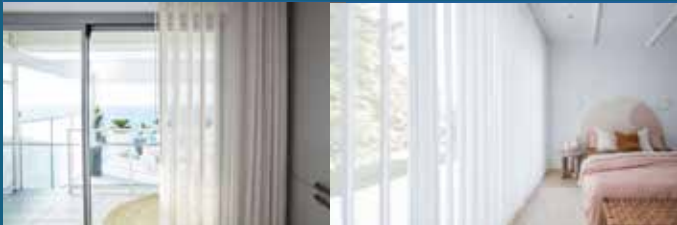


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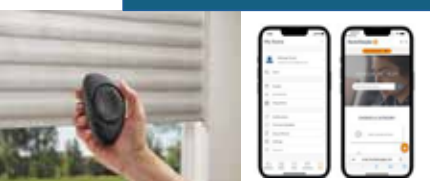
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Curtains

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Campbell, Sanderson,
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Automation



To Do Board

Upcycle an old clipboard into a helpful to-do chart.

You'll need:

- Resene testpots
- Clipboard
- Ruler
- Washi masking tape
- Pencil
- Paintbrush
- Pegs

How to:

With a pencil and a ruler, divide the board into four even square sections leaving a strip at the top and through the middle for your title words. Mask off the sections using washi masking tape and paint each section in two coats of your favourite Resene colours. While the clipboard is drying, paint both sides of at least 10 wooden pegs with two coats of co-ordinating colours. When thoroughly dry, with a fine paintbrush, label the top strip with 'Daily', the middle strip with 'Weekly', the two left-hand squares with 'To Do' and the two right-hand squares with 'Done'. Mark each peg with a different chore (both sides) and clip them to the side of the 'Daily' or 'Weekly' 'To Do' boxes. When the chores are complete, the pegs can be clipped onto the 'Done' boxes.

Great for your home or for a gift.

From the Resene web site



The Power of Pretend: Why Make-Believe Play Matters!

In today's busy world, make-believe play might seem like a nostalgic pastime—but it's one of the most powerful ways young children learn and grow.

What Is Make-Believe Play?

Pretend play happens when children use their imagination to create stories and roles—whether they're hosting a tea party for teddy bears or turning a couch into a spaceship. This kind of play usually starts around age two and evolves as kids grow.

Why It's Important:

Boosts Brain Power	Pretend scenarios develop thinking, problem-solving, and symbolic skills essential for school and life.
Builds Language	Talking through stories and roles helps children grow their vocabulary and communication skills.
Supports Emotional Growth	Play lets kids process feelings and explore fears in a safe, creative way.
Teaches Social Skills	Taking turns, sharing ideas, and working together all happen naturally during group pretend play.
Sparks Creativity	Imaginative play fuels innovative thinking and helps children see the world from new angles

Supporting Make-Believe at Home

You don't need elaborate toys or costumes to support pretend play. Here are a few simple ways to encourage it:



Provide open-ended props:

Blankets, boxes, kitchen utensils, and old clothes can become anything with a little imagination.



Join in, but don't take over: Let your child lead the play. Follow their cues and support their ideas without directing the story.



Create time and space: Leave room in the daily routine for unstructured play. Children need both time and freedom to dive deep into their imaginative worlds.



Read together: Books inspire pretend scenarios and expose children to new ideas, roles, and adventures to recreate in play.



Final Thoughts

Make-believe play is more than just cute or amusing—it's a vital developmental task that helps children make sense of their world and grow into thoughtful, confident, and capable people. So next time your child hands you a pretend cup of tea or asks you to rescue them from invisible lava, know that something truly important is happening. Embrace the magic—it's helping them grow.



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for children -
we care
about them.



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CHILDREN'S GARDEN



You don't want these men coming to your house!

The photo shows our wonderful fire crew at the East Coast Rd depot.

Often, we will hear the siren going as they speed out to incidents locally. It is usually never good news.

One way you can avoid a visit from these firemen is to have a routine about checking your smoke alarms.

Did you know:

- That you are four times more likely to survive a house fire if you have smoke alarms installed?
- That smoke from a house fire can kill in less than three minutes?
- That 33% of house fires did not have smoke alarms installed?

Don't be caught out.

Check your alarms today.

Carole McMinn

How to maintain and check some alarms regularly

Once a month

Press the test button to sound the alarm. (Use a broom handle if you can't reach the button).

Every six months

Vacuum or dust your smoke alarms to help avoid false alarms.

Every year

Check the expiry date, usually located on the bottom or side of the alarm. If there's no expiry date, it's best to replace the alarm.

Every 10 years

Replace all smoke alarms with new long-life photoelectric smoke alarms.

For hard-wired smoke alarms

Follow the testing and maintenance schedule provided by the installer.



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BUSINESS PROFILES

Barb at Sole Sisters

It's been a busy couple of years since Barb took over Sole Sisters. In that time, two summer and winter seasons of beautiful stock has passed through the shop. The shoe fairs have provided great opportunities to discover new brands, connect with suppliers, and deepen Barb's understanding of the footwear industry.

While the initial winter stock was pre-selected, Barb has since infused her personal touch by introducing some exciting new lines. Sole Sisters now proudly offer Rieker, Frankie4, Arcopedico, Woolloomooloo, Cabello, Sala and Fly London alongside proven favourites such as Bresley, Django & Juliette, EOS, Alfie & Evie, Rilassare, Cassini, Gelato and Hinako.

Owning your own business gives the freedom to curate collections specifically with your customers in mind. Barb has been enthusiastic about introducing edgier styles to cater to the growing younger clientele. However, loyal customers who value both style and comfort can be confident that Sole Sisters will continue to offer choices that meet their needs perfectly.

A visit to Sole Sisters will be well worth your while. If you haven't had a chance to visit since the change, make sure you pop in. You'll always be greeted with a warm smile and good old-fashioned, friendly service!

Sole Sisters, Shop 6, 376 Beach Rd. Ph (09) 4796798



Mairangi Bay Fisheries

When Calvin and Christine opened Mairangi Bay Fisheries 20 years ago they probably didn't realise what an important part of the business community they would be.

For them it's more than just fish and chips.

Fresh fish is available at really good prices for those who prefer to prepare their own meals and there is a large, chilled cabinet with a great range of frozen fish.

Cooked fresh to order fish and chips don't come any better!

Open Mon & Tue 10.30 - 7.30pm

Wed - Sat 10.30 to 8.00pm

Sunday 4-8pm.

362 Beach Rd Mairangi Bay 09 475 4517



Petal Maison for something a little bit different!

When Maxine opened her store in 2019 she brought a wealth of retail knowledge with her from many years experience in the industry.

She loves having the store in the heart of the Village.

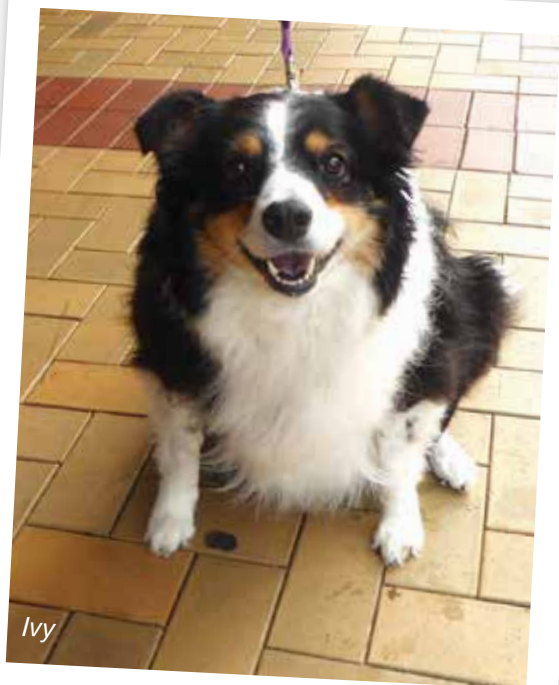
Her uniqueness is that it's not the same run of the mill stuff you get in the larger mall stores, but the store is bursting with different, quality homewares, interesting giftware, well-made clothing and flowers.

It's the ideal place to shop for that perfect gift - or to treat yourself.

Open Monday to Friday 9-5pm

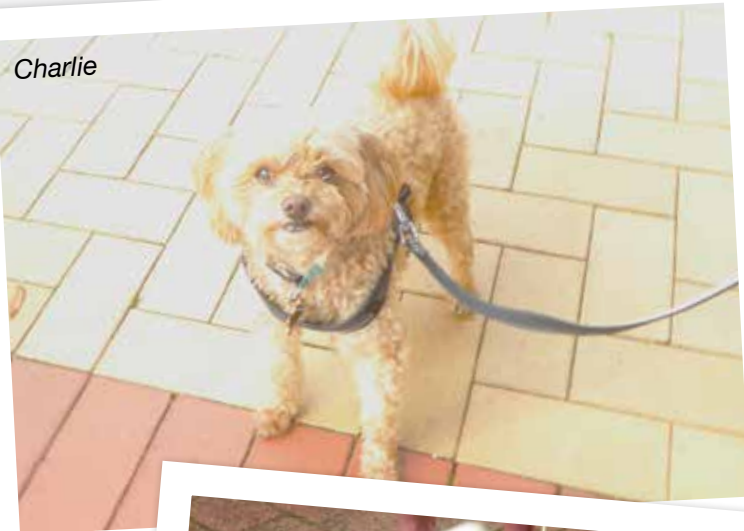
Saturday 9-2pm.

437 Beach Rd Mairangi Bay 09 218 6187



Ivy

Charlie



Bailey

Meet the Pooch

While walking the pavements of Mairangi Bay we meet some interesting little characters. Thought I would share them with you.



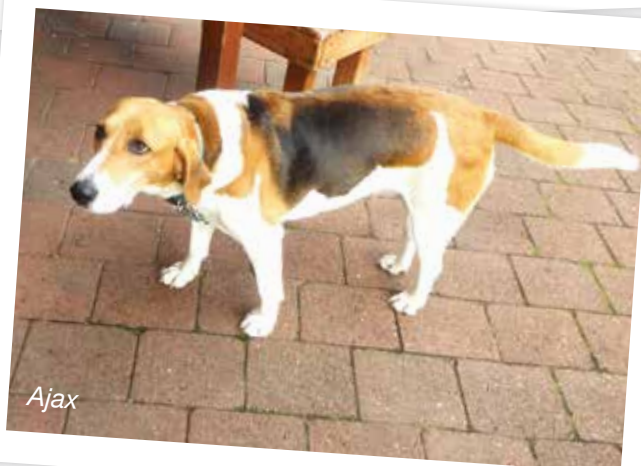
Zoomer



Poppy



Diesel



Ajax

Celebrating our community heroes

Neighbourhood Support, the Mairangi Bay Business Assn and members of the Mid Bays Resilience group joined forces to celebrate many of the people who keep our community safe, on the Mairangi Bay beachfront in early May.

FENZ were there, as were the Police, St Johns, Neighbourhood Support, Community Patrol and Auckland Emergency Management.

The Mid-Bays Resilience group had draft copies of the Emergency Response Plan available for consultation and our local heroes, the Mairangi Bay Surf Lifesaving Club, provided practical support to the stallholders.

Bays Youth Voice cooked the sausages and had fun activities for the kids, who also enjoyed working out how to escape a smoke-filled room under the supervision of the firefighters.



Neighbourhood Support is looking to increase the number of people involved in setting up local groups and managed to sign up several new recruits on the day. Tamper-proof screws were inserted on number plates, information was distributed, and the Surf Club (unsuccessfully) challenged the fire fighters to a tug o' war. It was no contest, even with members of the public taking pity on them and joining in.

All agreed this was a great day and it should become a regular event. The floods of January 2023 demonstrated that we all need to know what to do in an emergency, and information and education are essential.

The Mid-Bays Emergency Readiness and Response Plan has been many months in the drafting and will be a great resource for all of us should disaster strike.

The Busy Autumn Petanque Season Winds Down

Several Kennedy Park Petanque Club Members helped at the Petanque Schools Tournament 28 March at Herne Bay Petanque. Schools across Auckland send (multiple) teams of six players, to compete against each other. Waitakere College was the winning team, with Epsom Girls Grammar coming second and Henderson Intermediate coming third. This annual Tournament promotes the playing of Petanque to a younger audience.

KPPC's Triples Trophy Tournament was held on 30 March. Four teams played three games before progressing to semi-finals and finals games. John Taylor, Peter Bloom and Roger Brown were the winners of the Trophy Cup with a score of 13:8, though this score belies the closeness of the game.

The annual Easter Tournament was held on 20 April. Always a popular social event, the day comprised three melee rounds of Petanque, morning tea, hot cross buns and prizes of Easter eggs.



The final round of the regional Interclub series was postponed to 18 May. KPPC's two teams will be fighting for a place in the top three teams.

A recent administrative achievement for the Club was the successful re-registering of Kennedy Park Petanque Club as an Incorporated Society under the 2022 Incorporated Societies

Act. This proved to be the removal of an ongoing headache for this long suffering Secretary!

For further information about KPPC please contact Susan Stiff, Secretary, phone 027 300 6038, email brianstiff@orcon.net.nz or Barb Parnell, phone 021 064 6556, email bmparnellnz@gmail.com

Quizzes

Answers Page 30

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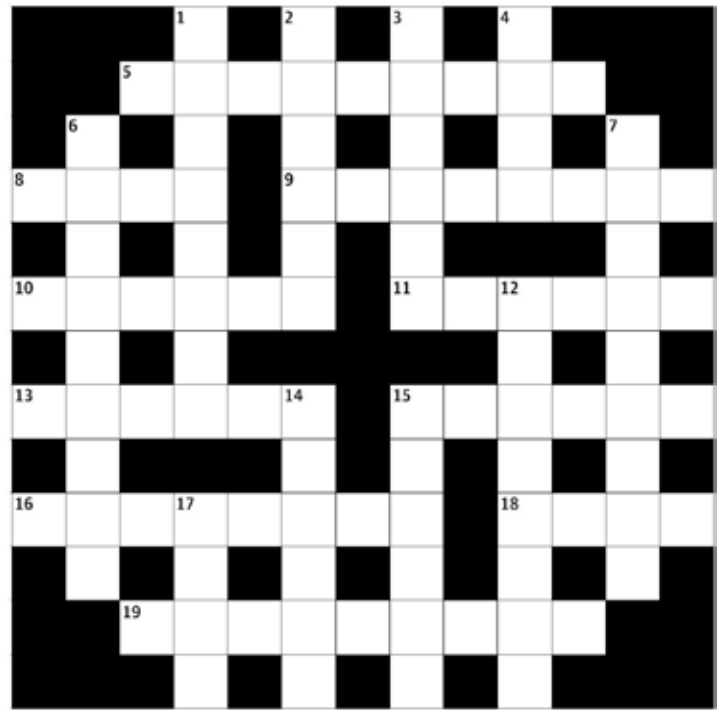
WORD PUZZLE

How many words of 3 or more letters can you make
from the following letters?

TNOES

20 good, 23 very good, 26+ excellent

CROSSWORD



Across

- 5 Unclear one way or the other (9)
- 8 Framework holding window panes (4)
- 9 Seducer (8)
- 10 Bootlick (6)
- 11 Brownish-red apple (6)
- 13 Summary (6)
- 15 The 'ly' of 'badly'? (6)
- 16 Moribund (8)
- 18 Be in a huff (4)
- 19 Lengthy procedure (9)

Down

- 1 Forceful (8)
- 2 Surge (6)
- 3 Talk under one's breath (6)
- 4 Brass instrument (4)
- 6 Preferred (9)
- 7 Danger zone (8)
- 12 Gently persuasive marketing (4,4)
- 14 Unpleasantly suave (6)
- 15 Planet with rings (6)
- 17 Guts and gumption (4)

SUDOKU

	6			9		8	2	7
		4	7		5	6		
							5	
4				3		7		
	3	7	2		4	5	1	
		8		5				6
	1							
		5	9		8	1		
8	4	6		1			7	

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The Rise of Multi-Generational Family Holidays: A Travel Trend with Something for Everyone

In recent years, multi-generational family holidays have emerged as one of the strongest trends in leisure travel. With families spread across cities, countries, or even continents, more Kiwis are prioritising quality time together by embarking on shared adventures that cater to every generation - these holidays are all about connection, relaxation, and fun.

Why Multi-Generational Holidays Are on the Rise

The modern family is dynamic and diverse, and travel preferences reflect that. Families are increasingly seeking meaningful experiences that go beyond simple beach breaks. Today's multi-generational travellers are after tailored getaways that balance activity, rest, cultural immersion, and entertainment — all while ensuring no one feels left out.

The post-pandemic emphasis on making memories, reconnecting, and celebrating milestone moments together has further fuelled this trend. Instead of separate getaways, families are pooling their time and budgets to enjoy enriching, shared experiences.

Top Destinations for Kiwi Families

From short-haul escapes to big-ticket adventures, New Zealand travellers are spoiled for choice when it comes to multi-generational holiday options. Here are some of the most popular picks:

Queensland, Australia: Easy, Accessible, and Family-Friendly:

Just a short flight from New Zealand,



Queensland offers a low-stress option with something for everyone. The Gold Coast and Sunshine Coast are brimming with family-friendly resorts, theme parks, and beautiful beaches, perfect for young kids and sun-seeking grandparents alike.

Bali or Thailand: Affordable Luxury and Cultural Discovery:

For families craving a mix of exotic flavour, affordability, and creature comforts, Bali and Thailand deliver. Spacious villas with private pools, personal chefs, and kids' clubs allow for relaxation while providing enough flexibility for every age group. These destinations also offer an enriching cultural experience — from temples and cooking classes to wildlife encounters and local markets.

European Adventure & Family-Friendly Cruising:

For those



dreaming big, a European multi-generational adventure that includes a family cruise ticks all the boxes. Combining land and sea, families can start with time in iconic cities — think Rome, Barcelona, or Athens — then board a cruise that offers comfort, convenience, and curated entertainment. Cruise lines like MSC, Norwegian Cruise Lines, and Celebrity cater brilliantly to family groups. On board, there's something for everyone: kids' clubs, water parks, cooking classes, live shows, wellness facilities, and shore excursions tailored for all interests and mobility levels.

Shore Travel is here to help you plan and book your next family holiday and ensure each aspect of your trip is tailored to fit your own world, ready to explore and be enjoyed.

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MAIRANGI ARTS CENTRE

Toi Mairangi **The “hidden gem”**

For 34 vibrant years, Mairangi Arts Centre has cultivated a rich landscape of diverse and innovative art experiences in the heart of Mairangi Bay. Often described as a ‘hidden gem’, nestled beside the Mairangi Bay Park and the Mairangi Tennis Club, this cherished institution has been a cornerstone for bringing Auckland’s diverse communities together through art.

The centre offers quality educational programmes for both young aspiring artists and seasoned adults. An extensive exhibition calendar showcases a wide array of artistic talent, while the Gallery Store features unique, handcrafted works by a range of artists – a perfect place to discover a special piece.

Mairangi Arts Centre’s impact extends far beyond its gallery



walls. It supports local schools, organisations, and businesses, weaving art into the fabric of the greater community.

Now, marking a significant milestone in its long history, the Centre is thrilled to announce its inaugural Art Fest on Saturday, 7th June, from 11 am to 2 pm.

This free open day event promises to be an afternoon brimming with inspiration for all ages. Come and stir your imagination in a welcoming and supportive studio environment designed to encourage curiosity,

exploration, and experimentation. Discover the magic that Mairangi Arts Centre has been nurturing for decades and join them in celebrating the transformative power of art. Don’t miss this opportunity to uncover this ‘hidden gem’ and experience the vibrant artistic spirit of your community firsthand!

Open Mon to Fri 9.30 am to 4pm
and Saturday 10 am to 2pm.

Phone 09 478 2237

**20 Hastings Rd
Mairangi Bay.**



Mairangi Arts Centre 20 Hastings Rd, Mairangi Bay, Ph 09 478 2237, Email: info@mairangiarts.co.nz, www.facebook.com/MairangiArts www.mairangiarts.co.nz

Art Fest at Mairangi Arts Centre: Where Creativity Comes to Life

Mairangi Arts Centre is hosting its Art Fest on Saturday 7 June from 11am to 2pm.

This fun-filled community event is free to attend and open to all ages, making it a great way to spend time with friends and family.

Visitors are invited to get hands-on with a variety of creative activities, including painting, working with clay, and playing art-inspired games. All materials are provided, and no prior experience is necessary—just bring your imagination and enthusiasm.

Throughout the day, Mairangi Arts Centre’s friendly team—including Clint, Christine, Caitlin, tutors and our MAC community —will be there to welcome you, guide activities and help you make the most of your creative experience.

Whether you’re looking to try something new or simply



enjoy a relaxed afternoon of making art, Art Fest is the perfect opportunity to get involved.

Mairangi Arts Centre is located at 20 Hastings Rd, Mairangi Bay, ph.478-2237

Confident, Capable, and Waterwise: Murrays Bay Intermediate Year 7 Students Tackle Water Safety at AUT Millennium

Our Year 7 students recently swapped the classroom for the pool, taking on an action-packed water safety lesson at AUT Millennium. More than just a swimming session, this lesson was about building confidence, sharpening survival skills, and fostering a respect for water that will last a lifetime.

Led by expert instructors, students dived into essential techniques such as floating, treading water, and how to stay safe in a range of aquatic environments. These are not just nice-to-have skills—in a country like New Zealand, where water is part of our lifestyle, they're life-saving essentials.



The program didn't just focus on individual ability. Teamwork, encouragement, and resilience were front and centre as students supported one another through new challenges. Whether learning to stay calm in deep water or practising how to assist someone in trouble, our students demonstrated courage, care, and a can-do attitude.

It was inspiring to watch their confidence grow with every splash, stroke, and survival drill. By the end of the session, many students were not only more capable in the water, but also more aware of their personal responsibility around it.

A huge thank you to AUT Millennium for creating such a positive, empowering environment for our students. This wasn't just a session at the pool—it was an investment in skills and attitudes that will serve our students well beyond the school gates.

Worth the wait

For those who frequent Mairangi Bay Village they will have seen all stages of construction on the building rising up in the centre.

Now the plastic sheeting has been removed the beautiful lines of the building can be seen. The apartments are in an amazing position with the fabulous stores and eateries of Mairangi Bay a short walk from their front door.

The removal of the plastic also reveals the two large stores and the café area, all bathed in sunlight and just waiting for exciting businesses to move in.

Not long to go for all the cones to disappear and see people moving in to occupy.



Mother's Day winners!

Last month Village News advertised a promotion in the Village for a Mother's Day draw.

If you spent \$20 in any of the businesses, you were able to go into a free draw for a hamper and a meal at Montrose.

Nic Quilt made a purchase at Sole Sisters and won the hamper and Clare Waterman won the meal at Montrose Café Bar and Bistro.



The power of sharing stories

By Ruth Greenaway

One of the best ways to learn about history is sitting with someone older and listening to their story. Member of the Bays Youth Voice, which is a local youth initiative in the heart of Browns Bay, have done just this. In April, students from Bays Youth Voice filmed interviews with some of the members of East Coast Bays RSA as it celebrates its centenary this year.



Final videos were shared with Auckland Council for use in this year's, Brown Bays ANZAC commemorations. Interviews were undertaken with the president of the ECB RSA, and some of its older members. Stories included personal experiences of WW2, being a jet fighter pilot, joining the army at the age of 15 years, and witnessing French nuclear testing at Mururoa in the 1970s.

The goal of intergenerational dialogue is to foster a more inclusive and participatory society by recognising the value of diverse perspectives and experiences across generations. It also promotes empathy and understanding between different age groups, fostering a sense of community and shared responsibility.

Oral history interviewing is an art and is formed in relationships. For the younger person participating in storytelling provides opportunities to develop crucial skills

and learn from diverse perspectives, fostering personal growth and development.

One RSA interviewee said that his greatest life lesson learnt while being in the Defence Force was perseverance, "getting the job done, seeing it through to the end." This rings true for the goals that members of Bays Youth Voice have, as they plan for the year ahead. Goals include finding opportunities for youth internship and work experience, creating a full youth council for the Hibiscus and Bays Local Board, with representatives from across East Coast Bays secondary schools, having a presence at future Auckland Youth Voice annual events and participating in this year's Youth

To find out more about Bays Youth Voice contact
Deb Humphries: deb@ancad.org.nz

Human Connections: Add Years to Your Life and Life to Your Years

Loneliness is something that we all experience from time to time. It is surprising how loneliness impacts both mental and physical health. Even the Surgeon General in the USA (Dr Vivek Murthy) has written widely about the importance of social connections to health. Good social connections will reduce the risk of heart disease, anxiety, high blood pressure, dementia, depression, and diabetes.

Fact- lack of social connections increases the risk of premature death to rates comparable with smoking (29% increase in risk of premature death).

We are "wired" for social connection but have become more isolated over time even though we mostly live in big cities.

But how do we connect more?

There are some simple strategies to improve social connection. For example, make a point of reaching out to friends or family. It doesn't even have to be in person. You can connect on-line. Online connection is best if it involves direct communication such as messaging or phoning. Scrolling through a friend's Facebook page probably doesn't count. When you are communicating with friends, minimize distractions (like your phone!) so you can be truly present.

Joining a community group can provide great connections. Mairangi Bay and East Coast Bays have many such groups that you can join. These groups are welcoming and an opportunity to make new friends.



Exercise is really good. Walking our beautiful beach lifts the spirits. There are also local walking groups. Yoga is another great way to feel great and be with people, the Yoga Sanctuary in Montrose Rd would love to hear from you.

Perhaps you could even reach out to others in the community to see how they are doing. You may both benefit from this connection. This can create a sense of purpose in your life which is very helpful for well-being.

Some people are too busy to be truly connected. They may interact with many people but it's superficial and rushed. If this is you, then practicing gratitude and having some quiet time to reflect on the good things and people in your life can have great benefits for your health.

Make time to enjoy social interactions. So often our lives are rushed, and relationships are shallow. Make time to have that coffee with a friend.

COMMUNITY NEWS AND EVENTS.

Beach Volleyball.

Harbour volleyball, Ramsgate Terrace,
www. Harbourvolleyball.co.nz

Cheeky Monkeys Playgroup. Plunket.

Meets every Tuesday and Thursday morning during school term.9.30-11.30am.
Harbour Beach Volleyball Centre, 65
Maxwelton Drive. Contact Sandra. paton@plunket.org.nz or phone 027 290 2537.

East Coast Bays Bridge Club.

Invites you to join the next beginner's lessons in March 2025. Contact Sue Beale 0272962265. www.ecbbridgeclub.co.nz info@ecbbridgeclub.co.nz

East Coast Bays Cricket Club.

496 East Coast rd. 021 039 1341
www.eastcoastbayscricket.co.nz.

Friendship Club.

We welcome new members to join us at Mairangi Bay Presbyterian Church hall in Penzance Rd on first Wednesday of each month. Enjoy morning tea, good speakers and other small groups activities from our 100+ members. Contact President Trevor Jones, 09 478 4046 or 021 794 046

Kennedy Park Petanque Club.

A vibrant, mainly retired mixed group, offering free coaching and free balls to new players. 1-3pm Apr to October and Sunday 10-12 noon. John F. Kennedy Memorial Park Castor Bay.

Sue Stiff 027 300 6038 brianstiff@orcon.net.nz or Barb Parnell 021 064 6556. bmparnellnz@gmail.com.

Mairangi Bay Arts Centre.

20 Hastings Rd. Open Mon- Fri 9.30 am – 4pm. www.mairangiarts.co.nz 09 478 2237.

Mairangi Bay Bowling Club.

11-13 Ramsgate Terrace. Phone 09 4786033. http://bowlsclub.org/club/7131/

Mairangi Bay Presbyterian Church

9 Hastings Rd.

Dees Social Group for those with dementia. Thursdays 10 am to noon. Tangi 022 6573223 for more details.

Mainly Music

For pre schoolers. Friday 10am during term time. Contact Karen 021 02263846

English Conversation.

1pm Wednesdays term time Contact Stewart 027 293 8499

Seniors Social Club

1st and 3rd Tuesday 10 am to noon
Contact Stewart 027 293 8499 or check www.bayspresbyterian.org.nz

Mairangi Bay Tennis Club.

Mid week social tennis, Wednesday and Fridays 9am-11.00am, Wednesdays 7-9pm. Ramsgate Terrace. Phone 027 479 4329 www.mairangibaytennisclub.co.nz.

Mairangi Bay Sailing Club.

Venue for hire 021 242 6272

Mairangi Bay Surf Life Club.

Sidmouth Street, Mairangi Bay, Phone 09 479 4717. www.mairangibayslsc.org.nz

Mairangi Bay Walking Group Network.

Improve fitness and make new friends, discover the local area, one hour walks six days a week. Monday and Wednesday 9am meet at MB Surf Club. Tuesday and Friday 9am at MB Arts Centre. Saturday 8.30 at car park by playground. Sunday 9am at Milford Mall lower car park. Contact Paula 09 444 6435.

Mairangi Combined Probuss

We meet on the 4th Tuesday of the month at 10am to 12 noon
Our meetings are held at the Presbyterian Church Hall in Penzance Rd. We are a social club for semi- retirees, our meetings are well attended, friendly and informal with morning tea provided. The guest speakers are informative and entertaining.. We have monthly coffee groups, luncheons and regular outings You are welcome to come as a guest and see for yourself what a wonderfully dynamic and friendly club we are. Contact: Raewyn 0272809138 email: huray412@gmail.com

Mobile Library

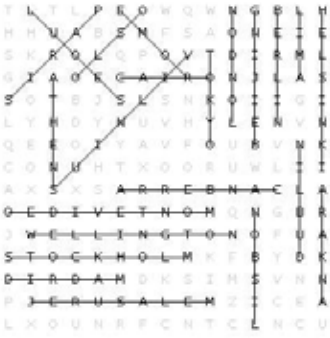
Every Thursday 9.30 – 10.30 am corner Hastings and Beach Rd.

Tides June 2025 (Murrays Bay)

	LOW		HIGH		LOW		HIGH		LOW	
Sun 01	05:07	0.6m	11:16	2.9m	17:19	0.5m	23:40	3.0m		
Mon 02	06:03	0.7m	12:08	2.8m	18:12	0.7m				
Tue 03		00:33 2.9m	06:57	0.7m	13:00	2.7m	19:08		0.8m	
Wed 04		01:26 2.8m	07:51	0.8m	13:55	2.6m	20:06		0.9m	
Thu 05		02:19 2.7m	08:43	0.8m	14:50	2.6m	21:04		0.9m	
Fri 06		03:09 2.7m	09:34	0.8m	15:46	2.6m	21:58		0.9m	
Sat 07		03:59 2.6m	10:24	0.8m	16:40	2.6m	22:48		0.9m	
Sun 08		04:46 2.6m	11:11	0.8m	17:29	2.6m	23:33		0.9m	
Mon 09		05:32 2.6m	11:56	0.8m	18:15	2.7m				
Tue 10	00:16	0.9m	06:17	2.6m	12:38	0.7m	18:57	2.8m		
Wed 11	00:58	0.8m	07:01	2.6m	13:19	0.7m	19:38	2.8m		
Thu 12	01:39	0.8m	07:45	2.7m	13:59	0.6m	20:18	2.8m		
Fri 13	02:21	0.8m	08:27	2.7m	14:38	0.6m	20:57	2.9m		
Sat 14	03:04	0.8m	09:10	2.7m	15:18	0.6m	21:39	2.9m		
Sun 15	03:48	0.7m	09:53	2.7m	15:59	0.6m	22:21	2.9m		
Mon 16	04:33	0.7m	10:37	2.7m	16:43	0.6m	23:06	2.9m		
Tue 17	05:21	0.7m	11:23	2.7m	17:29	0.6m	23:54	2.9m		
Wed 18	06:10	0.7m	12:12	2.7m	18:20	0.7m				
Thu 19		00:44	2.9m	07:01	0.6m	13:04	2.7m	19:17	0.7m	
Fri 20		01:37	2.9m	07:55	0.6m	14:01	2.7m	20:18	0.7m	
Sat 21		02:32	2.9m	08:52	0.5m	15:03	2.8m	21:21	0.7m	
Sun 22		03:29	2.9m	09:50	0.5m	16:07	2.9m	22:22	0.6m	
Mon 23		04:28	2.9m	10:50	0.4m	17:09	3.0m	23:21	0.6m	
Tue 24		05:28	3.0m	11:48	0.3m	18:07	2.9m			
Wed 25	00:18	0.5m	06:27	3.0m	12:44	0.3m	19:03	3.1m		
Thu 26	01:13	0.5m	07:25	3.0m	13:37	0.2m	19:55	3.2m		
Fri 27	02:08	0.5m	08:20	3.0m	14:28	0.3m	20:46	3.2m		
Fri 28	03:01	0.5m	09:13	3.0m	15:18	0.3m	21:36	3.2m		
Sun 29	03:53	0.5m	10:03	2.9m	16:06	0.4m	22:25	3.1m		
Mon 30	04:44	0.6m	10:51	2.9m	16:53	0.5m	23:13	3.0m		

Times adjusted for Daylight Saving.

Puzzle Answers



Word Puzzle

notes, onset, stone, tones,
ones, note, nose, sent, noes,
tone, eons, tons, toes, nest,
tens, nets, sot, son, ton, ten,
set, toe, eon, net, not, one

5	6	3	4	9	1	8	2	7
1	8	4	7	2	5	6	9	3
9	7	2	8	6	3	4	5	1
4	5	1	6	3	9	7	8	2
6	3	7	2	8	4	5	1	9
2	9	8	1	5	7	3	4	6
7	1	9	5	4	6	2	3	8
3	2	5	9	7	8	1	6	4
8	4	6	3	1	2	9	7	5

Quote of the Day
Measure twice,
cut once.



Mairangi Bay Business Association

DIRECTORY OF BUSINESSES

Accountants

MacKinley Dennison

Green Gables 09 477 6260

Barbers

MB Barber Shop

404 Beach Rd MB 09 479 1148

Beauty

About Face

1 Montrose Terrace MB 09 479 4147

Face Time

404 Beach Rd MB 09 476 7056

Hair@Surreal

Green Gables MB 09 478 0400

Lou's Accent on Nails

Green Gables MB 09 476 0355

Lux Nails

404 Beach Rd MB 022 572 7896

Perfectly Polished Studio

Green Gables 09 475 5587

Under Your Skin

Green Gables 09 478 5854

Cafés

Bay Café

392 Beach Rd MB 09 478 7708

Mangiamo

Green Gables 09 479 9091

Montrose

1 Montrose Terrace MB 09 478 9610

November

404 Beach Rd MB 09 475 6526

Rhythm Café

376 Beach Rd MB 09 478 9683

Construction

Meridian Construction

1/1 Montrose Terrace 09 444 9247

Fashion

Hartley

419 Beach Rd MB 09 476 9410

Sarah's Boutique

Green Gables MB 09 476 9192

Sole Sisters

Green Gables MB 09 479 6798

Food

Artisan Hub

Green Gables 021 856 822

MB Bakery

366D Beach Rd MB 029 771 0898

Bad Habits Marshmallows

Green Gables 021 0263 8078

The Dairy

366 Beach Rd MB 022 315 2810

Woolworths

3 Ramsgate Terrace 09 255 2392

Gifts/Jewellery

Captivate Interiors

Green Gables 09 478 7997

Petal Maison

437 Beach Rd MB 09 218 6187

Spoilt

7/404 Beach Rd MB 09 479 9955

Hair

Farah Perriam

394 Beach Rd MB 09 479 9995

La Luna Hair

404 Beach Rd MB 09 478 7997

The Hairdresser

366 Beach Rd MB 09 479 8508

Pharmacy

Unichem

433 Beach Rd MB 09 478 8909

Health

Mairangi Bay Dental

2 Hastings Rd MB 09 478 8800

Mairangi Bay Medical Centre

2 Penzance Rd MB 09 479 5027

Mairangi Bay Physio

404 Beach Rd MB 09 478 3098

Triton Hearing

429 Beach Rd MB 09 442 1266

Yoga Sanctuary

1 Montrose Terrace MB 021 184 1138

Interior Design Manufacturer

Captivate Interiors

Green Gables 09 478 7997

General

Star Shop

370 Beach Rd MB 021 0845 4205

Jewellery

Diamond Studio

Green Gables 09 216 8492

Petrol

U Go

413 417 Beach Rd MB

Pets

The Mini Cat Café

372 Beach Rd MB 021 0845 4205

Publishing

Tourism Media Group

1 Montrose Terrace 021 042 8232

Plumbing

Alpha Plumbing

404 Beach Rd MB 09 478 9059

Restaurants

Brothers

435 Beach Rd MB 09 215 8464

Paper Moon

1 Montrose Terrace MB

09 470 8872

Pattaya

437 Beach Rd MB 09 479 5297

Mairangi Japanese Restaurant

Green Gables 09 476 9977

Montrose

1 Montrose Terrace MB 09 478 9610

Taksim

404 Beach Rd MB 09 478 4080

Takeaway

Calimero

437 Beach Rd MB 09 213 5337

Hiroba Sushi

370 Beach Rd MB 021 255 4459

Mairangi Kebab & Burger

4/392 Beach Rd 09 479 7708

MB Fisheries

362 Beach Rd MB 09 479 4517

Sun Island

368 Beach Rd MB

Travel

Flight Centre

390 Beach Rd MB 09 476 4650

You Travel

404 Beach Rd MB 09 478 7665

Real Estate

Barfoot & Thompson

386 Beach Rd MB 09 478 9089

Harcourts

400 Beach Rd MB 09 478 6049

Ray White

360 Beach Rd MB 09 478 3030

Repair

Seamz to sew

5/404 Beach Rd MB 09 479 7281

Wines

Super Liquor MB

362 Beach Rd MB 021 222 2318

Workshop

Mairangi Bay Workshop

413 Beach Rd MB 09 478 9114



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Campbells Bay



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SOLD

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SOLD

5 Jack Seabrook Road
Hobsonville



barfoot.co.nz/910875



SOLD

19 Inkster Street
Birkenhead



barfoot.co.nz/907855

“The whole process was seamless, right from the get-go. Our property was listed and had viewings lined up within days of deciding to sell. Their proactive approach enabled us to sell our property within 2 weeks in a slow market and secure our next home. We really appreciate the dedication and commitment to achieving the best outcome for our family. Thank you Nadja and Team.”

Seller

“Nadja is very experienced and knows the property market extremely well. This is especially useful when you are selling and buying in the same area. She has a no-nonsense attitude, and her communication is very good. You always know she will follow up and give sound, unbiased advice.”

Buyer

“I cannot thank Nadja Court enough for the outstanding job she did selling my townhouses in Campbells Bay. After a previous unsuccessful attempt in the market, Nadja came through spectacularly, selling four of them with remarkable results. I truly appreciate her hard work, dedication, and commitment every step of the way. Nadja was fantastic to work with - she maintained open communication at all times and ensured a seamless process. If I could give a six-star rating, I absolutely would!”

Seller



View my current listings [here](#)

Nadja Court
021 777 690

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